

2023 Washington State Cross Country Coaches Poll # 2 Week of Sept. 10th

<i>Rank</i>	<i>Boys 4A</i>
1	Issaquah
2	Eastlake
3	West Valley-Yakima
4	Kamiakin
5	Lake Stevens
6	Kamiak
7	Curtis
8	Redmond
9	Olympia
10	Tahoma
Others	Skyline, Camas & Lewis & Clark

<i>Rank</i>	<i>Boys 3A</i>
1	Seattle Prep
2	Central Kitsap
3	Cheney
4	Mt. Spokane
5	Bishop Blanchet
6	Gig Harbor
7	Shorewood
8	Mercer Island
9	Hanford
10	Lincoln-Seattle
Others	Arlington, Lakes & North Central

<i>Rank</i>	<i>Boys 2A</i>
1	Sehome
2	Squalicum
3	Columbia River
4	Anacortes
5	Ellensburg
6	Tumwater
7	Bellingham
8	Kingston
9	Cedarcrest
10	Lakewood
Others	Ephrata, Selah & Steilacoom

<i>Rank</i>	<i>Boys 1A</i>
1	Seton Catholic
2	Meridian
3	Cedar Park Christian
4	Bush
5	La Center
6	King's
7	Bellevue Christian
8	Montesano
9	South Whidbey
10	Lakeside-Nine Mile Falls
Others	Overlake, Cashmere & Royal

<i>Rank</i>	<i>Boys 1B/2B</i>
1	Pope John Paul II
2	Chewelah
3	Liberty Bell
4	Brewster
5	St. George's
6	Davenport
7	Valley Christian
8	Mossyrock
9	Okanogan
10	Onalaska
Others	Goldendale, Kettle Falls & Asotin

<i>Rank</i>	<i>Girls 4A</i>
1	Skyline
2	Eastlake
3	Issaquah
4	Mt. Si
5	Tahoma
6	West Valley-Yakima
7	Redmond
8	Curtis
9	Wenatchee
10	Bellarmine Prep
Others	Olympia, Henry Jackson & Emerald Ridge

<i>Rank</i>	<i>Girls 3A</i>
1	Central Kitsap
2	Gig Harbor
3	Stadium
4	Bishop Blanchet
5	Holy Names Academy
6	Mead
7	Peninsula
8	Roosevelt
9	Mercer Island
10	Bainbridge
Others	Mt. Spokane, Lake Washington & Ridgeline

<i>Rank</i>	<i>Girls 2A</i>
1	Anacortes
2	Sehome
3	Ellensburg
4	Bellingham
5	Washougal
6	White River
7	Columbia River
8	Ft. Vancouver
9	Selah
10	Ridgefield
Others	East Valley-Spokane, Ephrata & West Valley-Spokane

<i>Rank</i>	<i>Girls 1A</i>
1	Naches Valley
2	Overlake
3	Lakeside-Nine Mile Falls
4	Port Townsend
5	Medical Lake
6	Montesano
7	Bush
8	Seattle Academy
9	Bear Creek
10	Seton Catholic
Others	Meridian, Cascade & King's

<i>Rank</i>	<i>Girls 1B/2B</i>
1	Pope John Paul II
2	Garfield-Palouse
3	Rainier
4	St. George's
5	Republic
6	Northwest Christian-Lacey
7	Northwest Christian-Colbert
8	Covenant
9	Colfax
10	Mt. Vernon Christian
Others	Forks & Oroville